






## Contents of XaviX Music & Circuit

System Cartridge (1) 	Music Import Cable (1) 
Quick Set-up Guide (1) 	Registration Card (1) 
Serial No. Label (4) 	

Please check carefully to confirm that the box includes all components. If parts are missing, contact the XaviX Customer Support Hotline.

Apply one of the provided Serial No. Labels on each of the following Components:

- Underside of the XaviX System Cartridge
- Registration Card (provided)



You will be asked for your Serial No. when confirming details of the warranty or other customer service calls.

SSD Customer Support Hotline

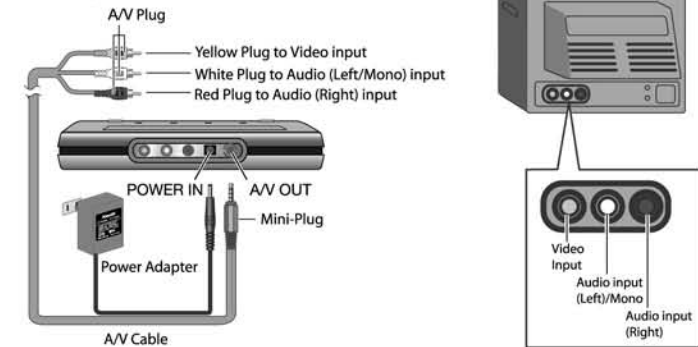
Phone: 1-866-XaviXGo

E-mail: [service@xavix.com](mailto:service@xavix.com)

For complete warranty details, please visit: [www.xavix.com](http://www.xavix.com)

XaviX Step Sensor (Sold Separately) 	XaviXPORT (Sold Separately) 
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## Setup XaviXPORT

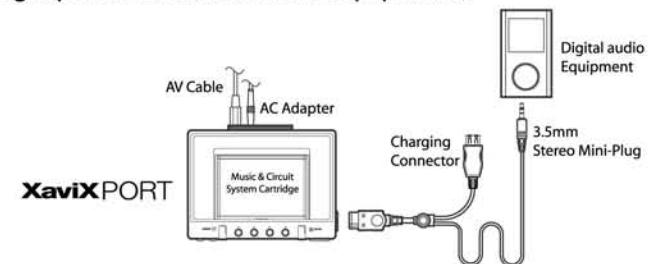


Please be sure that the A/V mini-plug is firmly inserted into the back of the XaviXPORT.

## Connecting XaviXPORT to Audio Equipment

1. Connect the Music Import Cable to Expansion Jack on the right side of the PORT.
2. Connect the 3.5mm stereo Mini-Plug on your digital audio equipment.

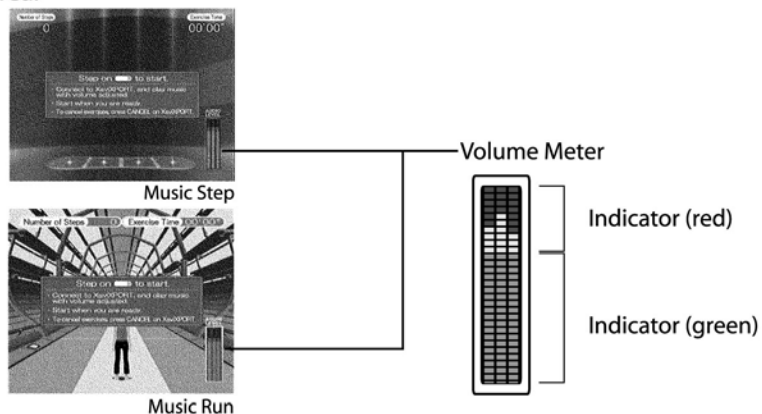
Audio equipment that can be charged by a USB jack can be charged using the charging connector for the Music Import Cable. (This connection is not possible on some products. If your music player cannot be charged with the charging connector, then use the charger provided with the audio equipment.)



Before connecting or disconnecting audio equipment, turn the XaviXPORT and the audio equipment off. The charging connector is exclusively for the audio equipment. Never connect it to personal computers or other equipment.

### Before You Start Music Exercise

1. Connect XaviXPORT to Audio Equipment as shown the front page using the Music Import Cable.
2. The screen below is displayed when Music Exercise starts. First, check the volume meter. The indicator moves according to the input volume level. If audio is being input normally, the indicator moves inside the green area.



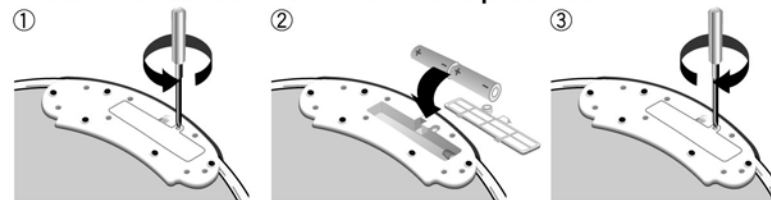
3. The optimum volume is when the indicator occasionally reaches the red level. If a red indicator is frequently displayed, this means that the volume is too loud. Adjust the volume of the audio equipment accordingly. Note that with some music, the volume level differs.

**⚠** Take care not to accidentally step on audio equipment when it is placed on the floor near your feet. When using the Music Import System, pay attention to the volume of the audio equipment.

### Rhythm Instruction Function

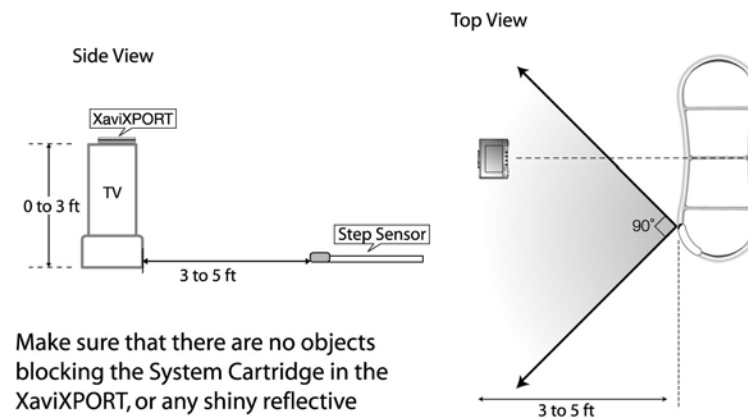
Music & Circuit displays a guide to keep with the music that is played. It also allows you to enjoy the step exercises at any pace you like. If you continue at your own comfortable pace for five to ten seconds without following the guide, the Music & Circuit's Rhythm Instruction function matches the timing of the Guide to your steps.

### Install Batteries in the XaviX Step Sensor



1. Fold or turn over the XaviX Step Sensor so that its rear side is facing up. Unscrew the Battery Door using a small Phillips head screwdriver and remove.
2. Insert the batteries making sure that the + and - ends are facing the correct direction.
3. Attach the Battery Door and screw in the Battery Door.

### Positioning the XaviXPORT System and XaviX Step Sensor



Make sure that there are no objects blocking the System Cartridge in the XaviXPORT, or any shiny reflective metal objects near the XaviXPORT. Bright overhead light or a light source in the area near the XaviXPORT may also interfere with the sensor.

**⚠** Do NOT stand on the Step Sensor with wet feet.

For further details, refer to the "XaviXPORT User's Guide" and "XaviXMusic&Circuit User's Guide" which you can download from our website: [www.xavix.com](http://www.xavix.com).